

WELCOME!

Name: _____
 Date of birth/personal number: _____
 Country of birth: _____ No of year in Sweden: _____
 Address: _____
 Phone number: _____
 Living with partner Single Other
 Work: Full time Part time Unemployed Studying
 Profession: _____ Employer: _____
 Home/workplace environment problems?: Yes No Vårdcentral (health center) _____

Partner/closest relative: _____
 Address (if other): _____
 Phone number: _____

General info

Today's weight: _____ height: _____
 Last periods first day: _____
 How long is the interval between periods: _____
 How many days does the period last: _____
 Date of positive pregnancy test: _____
 No of years trying to get pregnant: _____ Needed assistance to become pregnant (method): _____
 If IVF or ICSI date of ET: _____

Previously pregnancy/ies/ and childbirth:

Write your previous pregnancies and childbirth. Also miscarriages/abortions.

Year/month	Gender	Weight	Hospital	Week of pregnancy	Ev. complications/child birth experience

If you have any experience of breastfeeding, please describe your experience: _____

Do you have any allergies? Yes No If yes, what are you allergic to: _____
 Do you eat any medicine*/vitamin/painkillers? Yes No If yes, which? _____
 Did you use nicotine (/recreational drugs before pregnancy? Yes No
 If yes what and how much: _____
 Do you use nicotine/recreational drugs* now? Yes No
 If yes what and how much: _____

* Please see "List of drugs" on last page

Hereditary diseases in your family (parents or siblings)?

Has anyone in your immediate family (mother, father, siblings) have or had any of following diseases?	Yes	No	If yes. Who?
High bloodpressure			
Blood clots			
Haemophilia			
Thyroid disease			
Pre-eclampsia			
Hereditary disease or malformations?			

Other: _____

Do you have (or had) any of following diseases?	Yes	No
Heart- coronary disease (e.g. high bloodpressure, heart attack etc.)		
Blood clot		
Psychiatric disease (e.g. depression, anxiety)		
Neurodevelopmental disorder (e.g. ADHD, ADD, autism)		
Liver disease (e.g. Hepatitis, jaundice)		
Gynaecological disease (e.g. herpes genital, myoma etc.)		
Metabolic disease (e.g. thyroid etc)		
Urinary tract infection repetadly last year or severe		
Pulmonary disease (e.g.asthma)		
Kidney disease		
Inflammatory disease of the intestines (e.g.Ulcerative colitis, Morbus Chron)		
Diabetes		
Arthritic disease (e.g. rheumatism, MS, back pain)		
Epilepsy		
SLE (inflammatory disease that affects the immune system)		
Headache/Migraine		
Eating disorder (e.g. anorexia, bulimia)		
Resistent bacteria (e.g. MRSA)		
Do you have a wound infection		

Other: _____

Have you been x-rayed or vaccinated since you got pregnant? Yes No

Have you ever had a blood transfusion? Yes No If yes, which year? _____

Have you had any surgery? Yes No If yes what kind of operation: _____

Have you been in contact with a psychologist, counselor or social worker the last year? Yes No

If yes, who: _____

Please describe your feelings towards pregnancy _____

Please describe your feelings towards childbirth _____

When was your last pap-test/HPV home-test? _____

Would you like to add anything?

All medical drugs that end up in the environment affects it-please leave medicin that are left over at the pharmacy.

Questions required for the pregnancy register, a national quality register:

Country of birth: _____

Level of Education:

- No Education
- Elementary
- High school
- University

Employment:

- Working
- Studying
- Parental leave
- Unemployed
- On sick leave
- Other

How did you perceive your general state of health before pregnancy?

- Very good
- Good
- Neither good or bad
- Bad
- Very bad

INFORMED CONSENT

Biobank, Cohesive patient records, The Swedish Pregnancy Register

Biobank

Most bloodtests that are taken in Region of Stockholm are saved in so called biobanks.

Read more:



Cohesive patient records

Maternity care and obstetric clinics in Stockholm have cohesive patient record in a commonly used patient record system called Obstetrix.

This means that those that care for you during your pregnancy can read all your records.

Read more about Obstetrix:



The Swedish Pregnancy Register

The register collect and process information all the way from early pregnancy to a few month after birth through the patient records.

Read more:



Please inform your midwife if you DON'T consent to the above mentioned record keeping.

Mödravårdsenheten SLL.

*

LIST OF DRUGS

(Note! Not alcohol!)

Cannabis	Amphetamines	Cocaine	Opiates	Hallucinogens	Solvents/inhalants	GHB and others
Marijuana	Methamphetamine	Crack	Smoked heroin	Ecstasy	Thinner	GHB
Hash	Phenmetraline	Freebase	Heroin	LSD (Lisergic acid)	Trichlorethylene	Anabolic steroids
Hash oil	Khat	Coca	Opium	Mescaline	Gasoline/petrol	Laughing gas (Halothane)
	Betel nut	leaves		Peyote	Gas	Amyl nitrate
	Ritaline (Methylphenidate)			PCP, angel dust (Phencyclidine)	Solution	(Poppers)
				Psilocybin	Glue	Anticholinergic compounds
				DMT (Dimethyltryptamine)		

PILLS – MEDICINES

Pills count as drugs when you take

- more of them or take them more often than the doctor has prescribed for you
- pills because you want to have fun, feel good, get "high", or wonder what sort of effect they have on you
- pills that you have received from a relative or a friend
- pills that you have bought on the "black market" or stolen

SLEEPING PILLS/SEDATIVES

Alprazolam	Glutethimide	Rohypnol
Amobarbital	Halcion	Secobarbital
Apodorm	Heminevrin	Sobril
Apozepam	Iktorivil	Sonata
Aprobarbital	Imovane	Stesolid
Butabarbital	Mephobarbital	Stilnoct
Butalbital	Meprobamate	Talbutal
Chloral hydrate	Methaqualone	Temesta
Diazepam	Methohexital	Thiamyl
Dormicum	Mogadon	Thiopental
Ethchlorvynol	Nitrazepam	Triazolam
Fenemal	Oxascand	Xanor
Flunitrazepam	Pentobarbital	Zopiklon
Fluscand	Phenobarbital	

PAINKILLERS

Actiq	Durogesic	OxyNorm
Coccilana-Etyfin	Fentanyl	Panocod
Citodon	Ketodur	Panocod forte
Citodon forte	Ketogan	Paraflex comp
Dexodon	Kodein	Somadril
Depolan	Maxidon	Spasmofen
Dexofen	Metadon	Subutex
Dilaudid	Morfin	Temgesic
Distalgesic	Nobligan	Tiparol
Dolcontin	Norflex	Tradolan
Doleron	Norgesic	Tramadul
Dolotard	Opidol	Treo comp
Doloxene	OxyContin	

Pills do NOT count as drugs if they have been prescribed by a doctor and you take them in the prescribed dosage.